

What else can we do to stay safe?

Education with action is our best defense

What are you doing to keep your family safe?

- ▶ Follow all recommended practices consistently to reduce risk of potential exposure
- ▶ Know how it spreads and that it can be spread by asymptomatic individuals
- ▶ There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19)
- ▶ **The best way to prevent illness is to avoid being exposed to this virus**
- ▶ The virus is thought to **spread mainly from person-to-person**
 - ▶ Between people who are in close contact with one another (within about 6 feet)
 - ▶ Through respiratory droplets produced when an infected person coughs, sneezes or talks
 - ▶ These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs
 - ▶ Transmission has also occurred through a person's eyes
 - ▶ It is confirmed that COVID-19 may be spread by people who are not showing symptoms
- ▶ If you have a person in your household who is COVID-19 positive, be sure to follow stringent quarantine (see - <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>)

One link will get you to resources that provide updated information

- ▶ Click on this link which is available on the City's intranet page as well as Employee Self Service

<https://city-of-annapolis-covid-19-employee-support-annapolis.hub.arcgis.com/>

- ▶ The City of Annapolis COVID-19 support page
- ▶ The Anne Arundel County Department of Health
- ▶ The Maryland Department of Health (MDH)
- ▶ The Centers for Disease Control and Prevention (CDC)
- ▶ The CDC's list of hot spot states